



Jonny's Story

Member

Jonny Wallace

Reason for joining C2R

Lifelong Injuries (Leg injuries) sustained from an Improvised Explosive Devise

Service Career

Army



Since joining C2R Jonny has gained some incredible experiences and qualifications, but what has been most profound is how C2R has enabled him to better understand his circumstances and allow him to finally find peace with his injuries and his past.

“...there is nothing I could have done about being injured by an explosion. The situation was out of my control, so I did my best to crack on and focus on the future, I had never looked back. Being with the members and supporters of Climb 2 Recovery though, I realised there was nothing to fear or be ashamed in my past, with what I had been through. I also realised that my experience wasn't normal, and that I had been through something extraordinary, which has actually made me a better and stronger person, and I can be proud of that.”

Our Support

No matter what you are feeling or going through everyone within the organisation understands, some more and better than others.

Each of us is on their own journey, for some it will be a blessing for others a chore.

“I would absolutely encourage others to get involved with C2R, ~ the strength of the wolf is the pack!”

There have been some stand out moments for me with C2R, each course evokes emotions and we very quickly become comfortable with each other. The small numbers and the isolation from the outside world whilst out climbing and a change from everyday life allows us to connect with each other on a more personal and engaging level.

As a member and regional representative at C2R I feel I have learned that every individual veteran is unique, we all are, and that no matter how big, or 'tough' we think we are, sometimes we all need support.



“To me C2R isn't just a charity, it's a family”.



My Situation now

Overall, I'm in a good place. Since leaving the services post injury, I have gained numerous outdoor qualifications including Mountain Leader (Summer), Mountain Bike Instructor, Scuba Diving Instructor and most recently Rock-Climbing Instructor with help and experience gained through C2R. Having previously been employed by an outdoor company, I am now freelancing in the outdoor sector, selecting roles and jobs to further enhance my experience with a view to improving the qualifications I already hold.

It's great to be able to use these qualifications within C2R, to bring other beneficiaries through the training programme, which has so greatly helped me on my journey.

With C2R I hope to develop my experience with a view to gaining further qualifications and assisting others on their pathway to recovery.

Personally, I'd like to thank the trustees at C2R, specifically Neil, Joe and Chris for the time, effort, and enthusiasm they have dedicated to C2R and the beneficiaries. The level, professionalism of the courses and the opportunities within C2R are second to none.

Pic. Jonny, with C2R members, Ray and Tom, whilst on a trekking expedition organised and led by C2R, to Morocco in 2023.



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*Supporting the recovery of veterans,
through climbing and mountaineering*

