Climb2Recovery Pathway









>> START <<

I am *new* to C2R I *have* climbed before I have *not* climbed before

Learn 2 Climb

Mountain Training UK course

Learn 2 Lead

Peak District Course 's 1/2/3

Where new joiners Learn to Climb or develop existing skills, returning members Learn to Lead, and experienced members independent climb

Intro to Mountain Leader Course

Mountain Training UK course

Learn 2 Multi-Pitch

Multi Activity Course's 1/2/3

In North Wales, the Lake District or Scotland, members can attend the Intro to Mountain Leading or the Learn to Multi-Pitch and experienced members can independent climb

Winter Mountaineering

Introduction to Scottish
Winter Mountaineering and
climbing, where
experienced members can
independent climb

Technical Alpine Climbing

Introduction to Technical Alpine Climbing, long multipitch climbing based in the French Alps

Introduction to 4000m Alpine climbing

Based in the Swiss Alps, for our most determined members!

Mountain First Aid & Self-Rescue

16-hour First Aid training certification and advanced rope work / self-rescue training

Rock Climbing Instructor & Mountain Leader

To be eligible for C2R sponsorship through these awards, individuals must complete at least the Learn to Climb, Learn to Lead and Introduction to Mountain Leading courses; regularly and consistently attend C2R events; and demonstrate the competence and aptitude to succeed as professional instructors.

Mountaineering & Climbing Instructor Apprenticeship

Comprehensive sponsorship and mentoring, only for our most accomplished instructors, leaders and outdoor professionals

*Please note that 'eligibility' for a course does not automatically mean 'entitlement' to that course; course places are limited and afforded at the discretion of Climb 2 Recovery.







