

C2R IMPACT REPORT

Enhancing the recovery and rehabilitation of seriously wounded service people and veterans



WHO WE ARE | C2R

Climb 2 Recovery supports seriously wounded, injured and sick service people and veterans, all of whom have completed at least two-years of conventional treatment - yet remain chronically and severely disabled by their adversity, through a year-round programme of fully-funded residential adaptive and progressive climbing and mountaineering.

Over **140** members



7 YEARS
SUPPORTING
OUR
VETERANS

C2R DELIVERED & SUPPORTED...

- Peak District learn to lead climb
- Lake District scrambling
- North Wales learn to Multi-pitch course
- Scotland Winter Mountaineering Skills training
- Morocco Expedition Trekking
- Pembrokeshire learn to lead climb
- Cornwall learn to lead climb

More than **907** Individual Training days in 2023

Dr Sheen-Harker said; *'engagement in C2R had been an invaluable experience in providing the members a renewed sense of achievement, identity, and purpose in life'*.

AWARDS & QUALIFICATIONS

C2R has enabled members to complete training with;

- 6** IRATA Level 1 Rope Access Awards
- 3** Rock Climbing Instructors trained
- 4** Rock Climbing Instructors qualified
- 5** Mountain Leaders trained
- 5** Mountain Leaders qualified
- 1** Mountaineering & Climbing Instructor qualified

20 Training & Assessment courses completed

Total cost of C2R activities for 2023 was **£110,000**

Supported **85 very active members**, who attended multiple courses throughout the year, and welcomed **29 new members**

Enhancing recovery through climbing



www.C2R.org

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Climb 2 Recovery

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